

Avinash Ananda
Meta Mind International



GREAT LEADERS GROW.
ICONIC LEADERS EVOLVE.

MASTER YOUR MIND NEXT-LEVEL LEADERSHIP

Retreat

Based on Meta Mind Alignment, the New Science of Leadership & Happiness

On popular demand!
Yet another **Luxury Retreat** in...

MUMBAI, INDIA

with

THE WORLD'S #1
LEADERSHIP & HAPPINESS COACH

Avinash Ananda

JULY 25TH, 26TH, 2026

Including...

AWARDS EVENT

Global

META MIND
HAPPINESS-CENTRIC
LEADERSHIP AWARDS

2026

Strategic Partner



MASTER YOUR MIND

NEXT-LEVEL LEADERSHIP

Design Your Leadership Legacy



ABOUT THE PROGRAM

A 2 days experiential event for Next-Level Leadership with Happiness for leaders looking for a break-through to their next level of growth and success.

This transformational leadership event walks you step by step through the process of taking your life from where it is now to where you want to be, while aligning other stake-holders to help you achieve your greatest vision.

It provides an interactive, introspective and immersive approach towards learning cutting-edge leadership principles & practises, with happiness.



Can I inspire, influence and impact others positively at the highest levels, with shared values & a compelling vision?



Can I recognize and address my blind spots and make better decisions as a leader, through all changes and challenges?



Can I truly know myself and design my legacy, while living a life of fulfillment?



Can I turn complexity into clarity and direction for myself and my organisation?



Can I be the best version of my self, discover and achieve what I am truly capable of?

THE LEADERSHIP SHIFT

Reflect. Reset. Rise.



BENEFITS

- Be a better Leader of Yourself first – Understand your motivations and capabilities, and find a place where they align.
- Lead by example- Create a culture of authenticity, high standards, innovation and shared responsibility.
- Identify the key values, attitudes, beliefs, qualities, practises and skills for top level leadership.
- Create an action plan for personal growth for yourself and design your legacy.
- Motivate self and others to be driven, resilient and overcome challenges towards success with happiness.
- Resolve conflicting perspectives and align them with harmony and empathy.
- Lead yourself and others to YOUR Next Level of Growth with Happiness



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MASTER YOUR MIND NEXT-LEVEL LEADERSHIP

PROGRAM DETAILS



WHEN & WHERE

2 DAYS OF LEADERSHIP IMMERSION

📅 July 25th & 26th 2026

🕒 10:00am to 6:30pm each day

📍 Mumbai, India



DELIVERY MODE

WHERE INSIGHT BECOMES IMPACT

LIVE in-Person Retreat, including MasterMind & Networking sessions with high-achievers & a grand Global Happiness-centric Leadership Awards Celebration.



PARTICIPANT FEES

SELECT YOUR OPTION

★ Signature Access Participation



- \$4000 | £3500 | ₹3,50,000 + GST
- Retreat Participation with International Certification
- Global Happiness-centric Leadership Award (subject to jury approval)

💎 VIP Elite Participation



- \$6000 | £5,000 | ₹5,00,000 + GST
- Retreat Participation with International Certification
- Global Happiness-centric Leadership Award (subject to jury approval)
- 15-minute Speaker Slot (subject to video review & topic alignment)
- 2 hours of One-on-One Coaching with Master Coaches Dr. Avinash Ananda or Dr. Varsha Achelois



Align. Accelerate. Ascend.



THE FINE PRINT

- **Award Eligibility:** The Global Happiness-Centric Leadership Award will be conferred upon approval of submitted profile and nomination by the expert jury panel.
- **Speaker Opportunity:** Available for VIP Elite participants only, subject to review of a 5-minute video submitted and mutual topic agreement.
- **Post-Retreat Support:** All participants will receive one month of online peer reinforcement, featuring four weekend group sessions (90 minutes each) to integrate and sustain retreat learnings.
- **Fees Inclusions:** Participation fee includes retreat access and lunch for both days. Travel and accommodation are not included.

META MIND COMPETENCIES FRAMEWORK™

BASED ON THE META MIND ALIGNMENT, THE NEW SCIENCE OF LEADERSHIP & HAPPINESS

HAPPINESS-CENTRIC TRAINING SOLUTIONS

FOR ENHANCED
POSITIVITY & PRODUCTIVITY
FOR INDIVIDUALS &
ORGANIZATIONS

KNOWLEDGE

Playful Purposefulness	Mindful Celebration	Practical Positivity
Expressed Compassion	Effective Efficiency	Awakened Simplification
Dynamic Adaptiveness	Committed Excellence	Psycho physiological Acceptance

The Leadership & Happiness Competencies Framework is an effective tool to define, monitor and measure learning objectives. It forms the basis for this workshop. The elements in the Framework (individually or in a need-based combination) are also offered as customized training workshops.

SKILLS

Goal Setting	Stress Management	Communication
Team Bonding	Persuasion	Strategy
Creativity	Learnability	Emotion Management & Assertiveness

VALUES

Meaning & Satisfaction	Joy & Pleasure	Confidence & Importance
Love & Connectedness	Inner Power & Control	Wisdom & Clarity
Freedom & Autonomy	Strength & Security	Peace & Calmness

BELIEFS

I am always achieving & contributing	I enjoy life in the moment	I believe in me
I care for & appreciate myself & others	I believe in results not reasons	I live with integrity & awareness
I always find a way or make one	I always do my best	I am stronger than my feelings

ATTITUDES

Dream-big & Action-orientation	Gratitude & Enthusiasm	Trust & Respect
Cooperation & Humility	Never-Give-Up & Result-orientation	Reflection & Foresight
Abundance & Let go	Growth mindset & Devotion	Balance & Courage

QUALITIES

Focus & Drive	Childlike & Humour	Self-Worth & Sensitivity
Empathy & Likeability	Persistence & Response-ability	Insight & Peripheral Vision
Flexibility & Curiosity	Consistency & Discipline	Resilience & Anti-fragility



Values (human needs & drivers)

Beliefs (feelings of certainty)

Attitudes (thought patterns & perspectives)

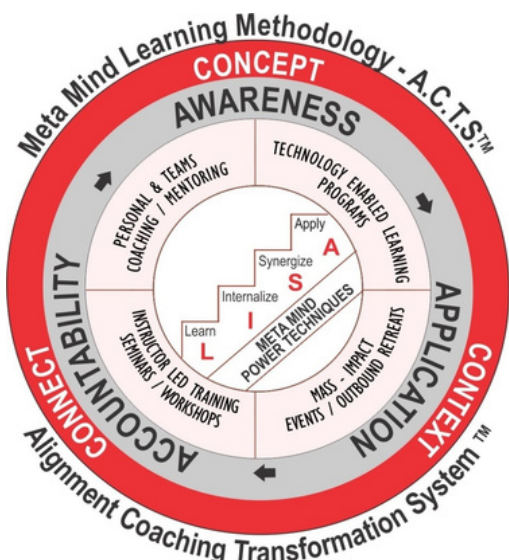
Skills (abilities expressed as behaviors)

Qualities (consistently demonstrated traits)

Knowledge (principles of sustained happiness)

LEARNING METHODOLOGY

ALIGNMENT COACHING TRANSFORMATION SYSTEM™ - A.C.T.S.™



A.C.T.S.™ is a unique, holistic, multi dimensional, multi sensory, interdisciplinary training methodology for greater learning and deeper impact in shorter time frames.

- Uses the specific learning tools & delivery models best suited to achieve related pre-defined training goals.
- Results in clear take-aways, insights & desired behavioral changes.
- Uses improv Theatrics™ with story telling , conversations, demonstrations, games & humor.
- Focuses on creating shifts in mindsets to enhance effectiveness of learning skill-sets at both conscious & sub-conscious levels
- Provides assignments, demonstrations, activities, real-life coaching case studies, project work & assessments
- Includes world-class instructional design, interactive learn journeys & content with international certification

Fun & Focused - **I**nspirational & Introspective - **R**elevant & Research-based - **E**xperiential & Engaging

AWARDS EVENT

2026

Global

META MIND HAPPINESS-CENTRIC LEADERSHIP AWARDS

The "Global Meta Mind Happiness-Centric Leadership Awards" are designed to recognize and celebrate visionary leaders across diverse fields who are making significant contributions to fostering happiness, well-being, and sustainable success in their organizations and communities. These prestigious annual awards acknowledge the importance of leadership that not only drives economic and operational performance but also promotes a positive and inclusive culture. The awards span multiple industries and specialties, acknowledging the unique contributions of leaders in technology, healthcare, science, human resources, marketing, and more.

Nominees for the Global Meta Mind Awards are evaluated by an eminent jury based on their innovative approaches, the impact of their leadership, and their commitment to promoting happiness and well-being within their sphere of influence.

These awards aim to not only honor individual achievements but also to inspire other leaders worldwide to prioritize holistic and happiness-centric approaches in their leadership. By celebrating these leaders, the Global Meta Mind Happiness-Centric Leadership Awards hope to foster a global movement towards more empathetic, inclusive, and effective leadership practices that consider the happiness and well-being of all stakeholders as fundamental to success.

*Celebrating
Happiness-centric Leadership*

NEXT-LEVEL LEADERSHIP PROGRAM



AWARDS EVENT



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AVINASH ANANDA

LEADERSHIP & HAPPINESS GURU

Avinash Ananda is an internationally renowned leadership advisor & happiness strategist. Hailed by the media & professionals, worldwide as Leadership & Happiness Guru, he is the Founder of Avinash Ananda Meta Mind International, USA, which provides leadership & happiness-centric training solutions designed to enhance positivity, productivity, & well-being for individuals and organizations across the globe.

With a career spanning more than three decades, Avinash has impacted the lives of over one million individuals through face-to-face coaching, seminars, and workshops across 30 countries in Europe, Asia, the Middle East, and the USA. His participants include corporate executives at every level of management from more than 300 organizations, among them global giants such as Microsoft, Google, Marriott, LG, Cognizant, Reliance, Tata, Capgemini, IBM, Vodafone, & Amazon. A much-sought-after keynote speaker and executive coach, he has also personally mentored more than 1,000 leaders & trainers worldwide.

Avinash is also the co-creator of the applied behavioral science of Meta Mind Alignment™, the new science of Leadership & Happiness. This pioneering framework for human potential optimization combines mindset & behavioral transformation to create holistic success & sustained happiness for individuals & organizations. His teachings blend time-tested Eastern wisdom & meditative practices with the latest in Western management thought, positive psychology, behavioral economics, & neuroscience.

His contributions have earned him international acclaim & several prestigious honors. Recognized at the House of Lords, U.K. Parliament by Lord Swaraj Paul & Virendra Singh, M.P., he was celebrated as “The World’s #1 Leadership & Happiness Coach” & “International Ambassador for Leadership & Happiness.” He has also been felicitated as the “#1 Global Leadership & Happiness Guru” by His Excellency Yaqoob Al Ali from the Dubai Royal Family. Over the years, he has received numerous awards, including “World’s Leading Behavioral Expert & Motivational Speaker,” and the Rotary International Scholarship. He has been ranked among the “100 Inspirational Leaders of India” by White Page International and among the “51 Most Fabulous Global Happiness Leaders” by the World HRD Congress. Avinash is also an honorary recipient of the Paul Harris Fellow Award, the highest recognition conferred by Rotary International, and was awarded an Honorary Doctorate in Happiness-Centric Leadership & Transformational Coaching from Kennedy University, Paris, authorized by the French Ministry of National Education and accredited by QAHE.

Beyond his work as a speaker and coach, Avinash has founded and runs several institutions: the Global Academy of Meta Mind Alignment (GAMMA) for behavioral sciences research, the Management Institute of Behavioral Sciences (MIBS) for employee engagement & organizational excellence, the International Institute of Personality Development (IIPD) for youth empowerment, & Bubbles International for life-skills development in children.

Avinash’s academic foundation is in Industrial Relations and Organizational Behavior from St. Joseph’s College, Bangalore and several executive education certifications from other prestigious institutions including I.I.M., Ahmedabad. He was mentored for over three decades by Prof. Rooshikumar Pandya, a pioneer of the HRD movement in India and former Humanities faculty at McGill University, Canada. He further trained with world-renowned experts including Richard Bandler (NLP), Edward de Bono (Lateral Thinking), Stephen Covey (Execution Excellence), Jack Canfield (Success Principles), Anthony Robbins (Peak Performance), John Maxwell (Leadership) & Harada Sekkai Roshi (Zen Meditation).

His diverse experiences include: being invited to a world leaders’ breakfast with President Obama in Washington D.C.; being the faculty for a Harvard Business School Publishing Certification Program on Strategy for senior I.T. professionals in India; teaching happiness to Dalai Lama monks in the Himalayas; addressing an interfaith conference in California on happiness for religious leaders; serving as visiting professor at universities across the world to shape thousands of next-generation leaders; and working with NGOs in India to build empowerment skills & self-esteem among street children, orphans, the physically challenged, and senior citizens.

A co-creator of The World Happiness Movement, Avinash’s mission is to ‘Make Happiness Go Viral’, by impacting one billion people with his teachings.

Avinash has trained executives from the partial list of companies given below



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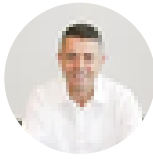
office@avinashananda.com



AVINASH ANANDA

LEADERSHIP & HAPPINESS GURU

Testimonials



VASIL NACI

Entrepreneur, Philanthropist,
President, AGNA Group, Albania,
Europe.

"Avinash Ananda is my Guru and mentor from whom I have learned a lot. He is the major inspiration behind my becoming a motivational speaker!

He also has been the inspiration and key catalyst to our starting the Agna Leadership Academy, the in-house learning center for my companies, which I believe, is a tremendous long term return on investment for our businesses."



HARISH BAIJAL

Former Additional Director General of
Police (ADGP), Maharashtra Cyber
Crime, India

"Avinash Ananda is my friend, philosopher, guide and guruji. Words cannot express how he has helped me and my family transform our lives."



PROF. CLAUDE VARLEY

UNYT-UNYP-IUM, President of Several
Companies in Monaco, ex-CEO Coca
Cola Bottlers, Monaco, France

"Beyond his great sense of communication, motivation and ability to lead the way, Avinash is a reference, enabling his students to become passionate about leadership, strategy, goal-setting, decision making, etc. I highly recommend Avinash to anyone in the business or education fields."



DR. KULIN KOTHARI

Foremost Ophthalmic Surgeon in
India, Philanthropist, Chairman,
Bombay City Eye Institute & Research
Centre, Mumbai, India

Having undergone Avinash Ananda's leadership training, I strongly recommend him for creating a positive transformation in individuals and organizations. His work with BCEIRC is focused on empowering our professionals to live our core values and I am very happy with the results.

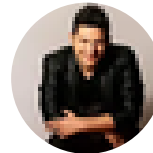


VALDET DECANI

Leading Behavioral Trainer, Medical
Doctor, Entrepreneur, CEO, Alba
Qeramika, Kosovo, Europe.

When Avinash Ananda became my mentor and my Guru. My life underwent a transformation. I am now a better leader and communicator both personally and professionally and a better mentor to my family and employees thanks to his teachings.

The clarity and competence that Avinash Ananda has is unparalleled and his ability to see the truth and give personal feedback like a mirror creates magical breakthroughs in the shortest time frames.



ERMAL MAMACI

Leading Motivational Trainer,
Albania's No.1 Movie Star & TV Talk
Show host with millions of followers
and fans.

Avinash is a great Teacher and Master. The lessons that he gave me helped me to start doing what I'm doing now as a Motivational Speaker and a Trainer for Self Development.

The way that he presents his training mixed with funny stories is amazing. That makes it easy to remember any time. He is a very kind person and with a great heart.

I'm honored to have him as my Guru. I'm thankful to him always because he believed in me and he empowered and put me on the right track.



MALOO NATARAJAN

Banker, Investor, Independent
Direction, Chairperson FICCI FLO
Mumbai

While we all profess to want to be happy, the pursuit of happiness never reaches the top of our to-do lists. I read somewhere that 'Nobody is put on this earth to make sure you are happy' but we certainly have one person who is willing to show us the path the happiness. Was a fabulous session Avinash and thank you so much for making it seem so simple and easy. The members loved it.

