

# THE ART OF LEADERSHIP

## BEST AND NEXT PRACTICES OF LEADERSHIP

**ACTION - ORIENTED . FUN . EXPERIENTIAL . GAME - BASED . INTROSPECTIVE . PRACTICAL LEARNINGS**

This powerful, interactive and experiential training program enables you to hone the leader in you, and take your mindsets, skill sets and knowledge of leadership to the next level through a robust principle-based framework which elaborates the best and next practices of the most highly effective leaders.

Learn about what it takes to being an efficient (doing things right) and an effective (doing the right things) leader and how you can motivate yourself and others by creating / empowering more leaders. This program will help to develop and sharpen your people skills, coaching skills, managing skills and facilitation skills to enable you create and steer successful teams towards success. By linking leadership theories to inspirational real-life examples, this program focuses on facilitating your growth on how to be a better leader of yourself first, so that you can be even better at inspiring and positively impacting others around you.

### YOU WILL LEARN

- How to be a leader of yourself
- To understand critical human resources management strategies of successful leaders and senior managers
- How to develop flexibility in the usage of different leadership styles for continuously enhancing your effectiveness as a leader
- To manage different conflicting perspectives and encourage mutual respect, cooperation, synergy and motivation
- To resolve conflict and deal with difficult people and situations confidently and positively
- To create and maintain an action plan for continuous improvement of the team and yourself

### TOPICS COVERED

- Who is a Leader
- The role of vision, mission, values, philosophy, motivation, facilitation and execution
- Understanding different Leadership Styles
- Meta Mind Leadership Model™
- Principles of Meta Mind Leadership
- Meta Mind Leadership Competencies Framework™
- Conflict Management
- Change Management
- Leader as a Coach/ Mentor

**“A leader instills trust, inspires hearts, ignites minds, influences behaviors, integrates energies and impacts results positively.”**

**- Avinash Ananda**



### AVINASH ANANDA

*Leadership & Happiness Guru*

An internationally renowned master behavioural trainer, happiness strategist, success mentor, management consultant, transformational key note speaker, author and leadership guru.

Avinash has personally mentored over 1000 transformational leaders and 700,000 people in 30 countries, from over 300 organisations across 15 industries in over 30 years in all aspects of behavioural SCIENCES TRAINING.

