



Happiness-centric...

META MIND LEADERSHIP

LEAD YOURSELF & OTHERS

*"A leader instills trust, inspires hearts, ignites minds, influences behaviors, integrates energies and impacts results positively."
-Avinash Ananda*

WHY

this program



This powerful program enables you to hone the leader in you, and take your mindsets, skill sets and knowledge of leadership to the next level through a robust and practical Meta Mind Alignment Framework™ which elaborates the first, best and next practices of the most highly impactful leaders. These benchmarks of excellent leaders are gleaned by blending the timeless wisdom of the east and the latest global management principles of the west.

Learn about what it takes to being an efficient (doing things right) and an effective (doing the right things) leader and how you can motivate yourself and others to get consistent desired results. This program will help to develop and sharpen your relationship skills, coaching skills, managerial skills, change management skills and facilitation skills to enable you create and steer successful teams towards success. By linking leadership theories to inspirational real-life examples, this program focuses on personal & professional leadership.

YOU

will learn



- Who is a leader
- To identify the key values, attitudes, beliefs, qualities and skills for personal and professional leadership
- To evaluate yourself as a Leader
- The role of vision, mission, values, philosophy, trust, motivation, facilitation and execution
- Meta Mind Leadership Competencies Framework™
- Meta Mind First, Best & Next Practices of Leadership™
- To create and maintain an action plan for continuous improvement and peak performance of your team and yourself
- To enhance clarity, focus, prioritization, balance and effective delegation skills
- Leader as a coach, mentor, change catalyst, facilitator and enabler.
- To understand critical human resources management strategies of successful leaders and senior managers
- To develop flexibility in the usage of different leadership styles for continuously enhancing your effectiveness as a leader
- To manage and align different/conflicting perspectives and encourage mutual respect, cooperation, synergy and motivation

