



Happiness-centric...

META MIND CREATIVITY

THINK OUT OF THE BOX

*"Adaptiveness has its roots in creativity."
-Avinash Ananda*

WHY this program



The purpose of this program is to give the you the necessary insights, skills, and techniques that will enable them to be more creative and innovative and thus be more effective in their personal and professional lives.

This program helps you achieve higher levels of adaptiveness and clearer organization of thoughts to implement creative ideas in real world situations. It helps integrate your left (analytical) and right (creative) brain, and thus 'train your brain' for success in rapidly changing environments.

In this program, you will learn new mindsets and skill sets to help you find alternative solutions and dramatically increase the number of new and practical ideas you are able to come up with. You will also learn to leverage the fundamentals of Meta Mind Creativity and practice the hands-on application of proven creative thinking tools to make 'out-of-the-box' thinking, a consistent, deliberate and purposeful habit.

YOU will learn



- To understand the importance and process of creativity and innovation
- To understand and overcome the barriers to creativity
- Meta Mind Creativity Model™
- How to express your ideas naturally and easily
- How to use a variety of productive idea generating Meta Mind tools and techniques
- To move from problems and questions, to possibilities and answers
- To come up with simple solutions to complex problems
- How to use ideas to generate more ideas
- To develop an innovation mindset
- How to constructively challenge current thinking patterns
- The power of emotional states for creativity
- To align design and structure for practical application of creativity
- Aligning creativity with costs and deadlines

